



Take control of your Nikon D40/D40x and
capture sensational shots every time

Nikon® D40/D40x

FOR

DUMMIES®



Julie Adair King



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Nikon D40/D40x For Dummies

by Julie Adair King



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About the Author

Julie Adair King is the author of many books about digital photography and imaging, including the best-selling *Digital Photography For Dummies*. Her most recent titles include *Digital Photography Before & After Makeovers*, *Digital Photo Projects For Dummies*, *Julie King's Everyday Photoshop For Photographers*, *Julie King's Everyday Photoshop Elements*, and *Shoot Like a Pro!: Digital Photography Techniques*. When not writing, King teaches digital photography at such locations as the Palm Beach Photographic Center. A graduate of Purdue University, she resides in Indianapolis, Indiana.

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Introduction

Nikon. The name has been associated with top-flight photography equipment for generations. And the introduction of the D40 and its sibling, the D40x, only enriched Nikon's well-deserved reputation, offering the power and flexibility of a digital SLR in a revolutionary, compact size and at an equally compact price. When history looks back on these two cameras, it's a fair bet that they'll be recognized for enticing millions of former point-and-shoot photographers into the SLR world.

I'm also willing to wager that if you're new to digital photography, SLR cameras, or both, you've got more than a few questions. For starters, you may not even be sure what SLR means or how it affects your picture taking, let alone have a clue as to all the other techie terms you encounter in your camera manual — *resolution, aperture, white balance, file format*, and so on. And if you're like many people, you may be so overwhelmed by all the controls on your camera that you haven't yet ventured beyond fully automatic picture-taking mode. Which is a shame because it's sort of like buying a Porsche and never actually taking it on the road.

Therein lies the point of *Nikon D40/D40x For Dummies*: Through this book, you can discover not just what each bell and whistle on your camera does, but also when,

where, why, and how to put it to best use. Unlike many photography books, this one doesn't require any previous knowledge of photography or digital imaging to make sense of things, either. In classic *For Dummies* style, everything is explained in easy-to-understand language, with lots of illustrations to help clear up any confusion.

In short, what you have in your hands is the paperback version of an in-depth photography workshop tailored specifically to your Nikon picture-taking powerhouse. Whether you own the D40 or D40x, you'll get the information you need to capture the great photos you envisioned when you became a Nikon owner.

A Quick Look at What's Ahead

This book is organized into four parts, each devoted to a different aspect of using your camera. Although chapters flow in a sequence that's designed to take you from absolute beginner to experienced user, I've also tried to make each chapter as self-standing as possible so that you can explore the topics that interest you in any order you please.

The following sections offer brief previews of each part. If you're eager to find details on a specific topic, the index shows you exactly where to look.

Part I: Fast Track to Super Snaps

Part I contains four chapters that help you get up and running with your D40 or D40x:

- ✓ Chapter 1, “Getting the Lay of the Land,” offers a tour of the external controls on your camera, shows you how to navigate camera menus to access internal options, and walks you through initial camera setup and customization steps.
- ✓ Chapter 2, “Taking Great Pictures, Automatically,” shows you how to get the best results when using the camera’s fully automatic exposure modes, including the Digital Vari-Program scene modes such as Sports mode, Portrait mode, and Child mode.
- ✓ Chapter 3, “Controlling Picture Quality and Size,” introduces you to two camera settings that are critical whether you shoot in automatic or manual modes: the Image Size and Image Quality settings, which control resolution (pixel count), file format, file size, and picture quality.
- ✓ Chapter 4, “Reviewing Your Photos,” explains how to view your pictures on the camera monitor and also how to display various types of picture information along with the image. In addition, this chapter discusses how to delete unwanted images and protect your favorites from accidental erasure.

Part II: Taking Creative Control

Chapters in this part help you unleash the full creative power of your Nikon by moving into semiautomatic or manual photography modes.

✓ Chapter 5, “Getting Creative with Exposure and Lighting,” covers the all-important topic of exposure, starting with an explanation of three critical exposure controls: aperture, shutter speed, and ISO. This chapter also discusses your camera’s advanced exposure modes (P, S, A, and M), explains exposure options such as metering mode and exposure compensation, and offers tips for using the built-in flash.

✓ Chapter 6, “Manipulating Focus and Color,” provides help with controlling those aspects of your pictures. Look here for information about your Nikon’s manual and autofocus features as well as details about color controls such as white balance and the Optimize Image options.

✓ Chapter 7, “Putting It All Together,” summarizes all the techniques explained in earlier chapters, providing a quick-reference guide to the camera settings and shooting strategies that produce the best results for specific types of pictures: portraits, action shots, landscape scenes, close-ups, and more.

Part III: Working with Picture Files

This part of the book, as its title implies, discusses the often-confusing aspect of moving your pictures from camera to computer and beyond.

✓ Chapter 8, “Downloading, Organizing, and Archiving Your Photos,” guides you through the process of transferring pictures from your camera memory card to your computer’s hard drive or other storage device. Just as important, this chapter explains how to organize and safeguard your photo files.

✓ Chapter 9, “Printing and Sharing Your Photos,” helps you turn your digital files into “hard copies,” covering both retail and do-it-yourself printing options. This chapter also explains how to prepare your pictures for online sharing and, for times when you have the neighbors over, how to display your pictures on a television screen.

Part IV: The Part of Tens

In famous *For Dummies* tradition, the book concludes with two “top ten” lists containing additional bits of information and advice.

✓ Chapter 10, “Ten Fast Photo-Retouching Tricks,” shows you how to fix less-than-perfect images using features found on your camera’s Retouch menu, such as automated red-eye removal. In case you can’t solve the problem that way, this chapter also explains how to perform some basic retouching by using tools found in most photo editing programs.

✓ Chapter 11, “Ten Special-Purpose Features to Explore on a Rainy Day,” presents information about some camera features that, while not found on most “Top Ten Reasons I Bought My Nikon” lists, are nonetheless interesting, useful on occasion, or a bit of both.

Appendix: Firmware Notes and Menu Map

Wrapping up the book, the appendix explains how to find out what version of the Nikon *firmware*, or internal software, is installed in your camera and how to find and download updates.



If the information you see on your camera menus and other displays isn’t the same as what you see in this book, and you’ve explored other reasons for the discrepancy, a firmware update may be the issue.

This book was written using version 1.10 of the firmware, which was the most current at the time of publication. Firmware updates typically don't carry major feature changes — they're mostly used to solve technical glitches in existing features — but if you do download an update, be sure to read the accompanying description of what it accomplishes so that you can adapt my instructions as necessary. (Again, changes that affect how you actually operate the camera should be minimal, if any.)

On a less technical note, the appendix also includes tables that provide brief descriptions of all commands found on the camera's five menus.

Icons and Other Stuff to Note

If this isn't your first *For Dummies* book, you may be familiar with the large, round icons that decorate its margins. If not, here's your very own icon-decoder ring:



✓ A Tip icon flags information that will save you time, effort, money, or some other valuable resource, including your sanity.



✓ When you see this icon, look alive. It indicates a potential danger zone that can result in much wailing and teeth-gnashing if ignored.



✓ Lots of information in this book is of a technical nature — digital photography is a technical animal, after all. But if I present a detail that is useful mainly for impressing your technology-geek friends, I mark it with this icon.



✓ I apply this icon either to introduce information that is especially worth storing in your brain's long-term memory or to remind you of a fact that may have been displaced from that memory by some other pressing fact.

Additionally, I need to point out two other details that will help you use this book:

✓ **Other margin art:** Replicas of some of your camera's buttons, dials, controls, and menu graphics also appear in the margins of some paragraphs. I include these to provide a quick reminder of the appearance of the button or option being discussed.

✓ **Software menu commands:** In sections that cover software, a series of words connected by an arrow indicates commands that you choose from the program menus. For example, if a step tells you to "Choose File⇒Print," click the File menu to unfurl it and then click the Print command on the menu.

About the Software Shown in This Book

Providing specific instructions for performing photo organizing and editing tasks requires that I feature

specific software. In sections that cover file downloading, archiving, printing, and e-mail sharing, I selected Nikon PictureProject, which ships free with your camera and works on both the Windows and Mac operating systems.

However, because that program doesn't offer a good tool for processing Camera Raw (NEF) files (an advanced option covered in Chapter 3) and provides only a few photo-retouching tools, I also feature Adobe Photoshop Elements for some discussions. The version shown in the book is Elements 6.0 for Windows, but the tools covered here work mostly the same in versions 4.0 and 5.0, and for Mac as well as Windows, unless otherwise specified.

Rest assured, though, that the tools used in both PictureProject and Elements work very similarly in other programs, so you should be able to easily adapt the steps to whatever software you use. (I recommend that you read your software manual for details, of course.)

Practice, Be Patient, and Have Fun!

To wrap up this preamble, I want to stress that if you initially think that digital photography is too confusing or too technical for you, you're in very good company.

Everyone finds this stuff a little mind-boggling at first. So take it slowly, experimenting with just one or two new camera settings or techniques at first. Then, each time

you go on a photo outing, make it a point to add one or two more shooting skills to your repertoire.

I know that it's hard to believe when you're just starting out, but it really won't be long before everything starts to come together. With some time, patience, and practice, you'll soon wield your camera like a pro, dialing in the necessary settings to capture your creative vision almost instinctively.

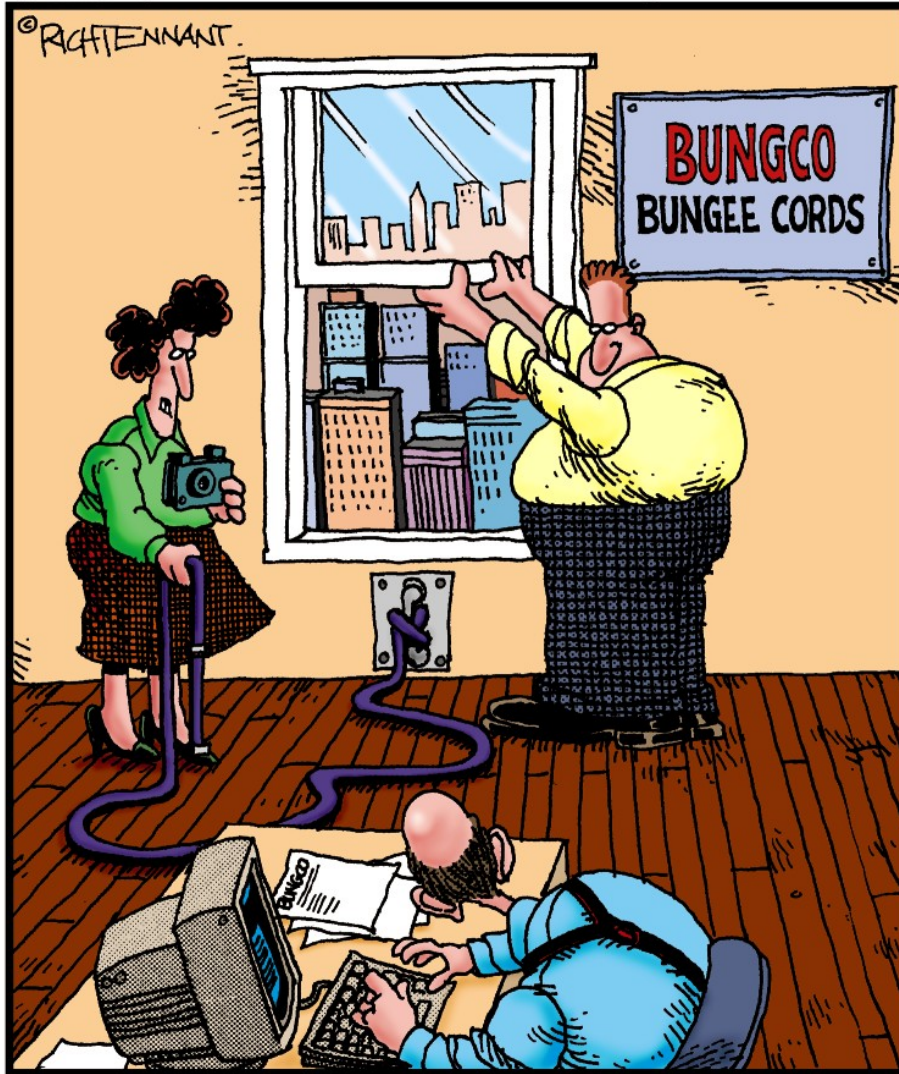
So without further ado, I invite you to grab your camera, a cup of whatever it is you prefer to sip while you read, and start exploring the rest of this book. Your Nikon is the perfect partner for your photographic journey, and I thank you for allowing me, through this book, to serve as your tour guide.

Part I

Fast Track to Super Snaps

The 5th Wave

By Rich Tennant



"Come on, Walt-time to freshen the company Web page."

In This Part

Making sense of all the controls on your D40 or D40x isn't something you can do in an afternoon — heck, in a week, or maybe even a month. But that doesn't mean that you can't take great pictures today. By using your camera's point-and-shoot automatic modes, you can capture terrific images with very little effort. All you do is compose the scene, and the camera takes care of almost everything else.

This part shows you how to take best advantage of your camera's automatic features and also addresses some basic setup steps, such as adjusting the viewfinder to your eyesight and getting familiar with the camera menus, buttons, and dials. In addition, chapters in this part explain how to obtain the very best picture quality, whether you shoot in an automatic or manual mode, and how to use your camera's picture- playback features.





1

Getting the Lay of the Land

In This Chapter

- ▶ Attaching and using an SLR lens
 - ▶ Adjusting the viewfinder to your eyesight
 - ▶ Working with camera memory cards
 - ▶ Getting acquainted with external camera controls
 - ▶ Using the camera menus and Shooting Info display
 - ▶ Deciphering the viewfinder data
 - ▶ Displaying onscreen help
-

I still remember the day that I bought my first SLR film camera. I was excited to finally move up from my one-button point-and-shoot camera, but I was a little anxious, too. My new pride and joy sported several unfamiliar buttons and dials, and the explanations in the camera manual clearly were written for someone with an engineering degree. And then there was the whole business of attaching the lens to the camera, an entirely new task for me. I saved up my pennies a long time for that camera — what if my inexperience caused me to damage the thing before I even shot my first pictures?



You may be feeling similarly insecure if your Nikon is your first SLR, although some of the buttons on the camera back may look familiar if you've previously used a digital point-and-shoot camera. If your Nikon is both your first SLR and first digital camera, you may be doubly intimidated.

Trust me, though, that your camera isn't nearly as complicated as its exterior makes it appear. With a little practice and the help of this chapter, which introduces you to each external control, you'll quickly become as comfortable with your camera's buttons and dials as you are with the ones on your car's dashboard.

This chapter also guides you through the process of mounting and using an SLR lens, working with digital memory cards, and navigating your camera's internal menus. And for times when you don't have this book handy, I show you how to access the Help system that's built into your camera.