# Synthesizing Qualitative Research Choosing the Right Approach

KARIN HANNES & CRAIG LOCKWOOD



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### **Synthesizing Qualitative Research**

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## **Choosing the Right Approach**

Edited by

#### **Karin Hannes**

Centre for Methodology of Educational Research, Faculty of Psychology and Education, K.U. Leuven; Centre for Evidence-Based Medicine-Belgian Branch of the Cochrane Collaboration, Belgium

#### **Craig Lockwood**

The Joanna Briggs Institute, Faculty of Health Sciences, The University of Adelaide, Australia





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This book is dedicated to the future of synthesis science; a disparate field with rich potential for further methodological development. We trust that this book makes both a useful, practical contribution to what is known here and now and enables the next generation of students, academics, theorists, and researchers to draw upon some of today's best synthesis scientists for tomorrow's methodology.

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#### List of contributors

#### Nicky Britten, PhD

Professor of Applied Health Care Research Peninsula Medical School University of Exeter Exeter, Devon, UK

#### Fiona Campbell

Research Associate School of Health and Related Research University of Sheffield Sheffield, UK

#### Jamie L. Crandell, PhD

Research Assistant Professor University of North Carolina at Chapel Hill, NC USA

#### Kate Flemming, PhD RN

Research Fellow Department of Health Sciences The University of York York, UK

#### Karin Hannes, PhD

Doctor-Assistant Centre for Methodology of Educational Research Faculty of Psychology and Education, K.U.Leuven Belgium

Centre for Evidence-Based Medicine Belgian Branch of the Cochrane Collaboration Belgium

#### x List of contributors

#### Angela Harden, PhD

Professor of Community and Family Health Institute for Health and Human Development School of Health and Biosciences University of East London London, UK

#### Josephine Kavanagh, BA, MA

Research Officer EPPI-Centre Social Science Research Unit Institute of Education University of London London, UK

#### Nathan Manning, PhD

Systematic Reviewer Kleijnen Systematic Reviews and Adjunct Research Fellow The Joanna Briggs Institute The University of Adelaide Australia

#### Elizabeth McInnes, PhD

Deputy Director

Nursing Research Institute – Australian Catholic University and St Vincents and Mater Health Sydney
National Centre for Clinical Outcomes Research (NaCCOR)
St Vincent's Hospital
Darlinghurst, NSW
Australia

#### Barbara L. Paterson, RN PhD

Professor & Dean Thompson Rivers University School of Nursing Kamloops BC Canada

#### Catherine Pope, PhD

Professor of Medical Sociology University of Southampton Southampton, UK

#### Alan Pearson, AM

Executive Director The Joanna Briggs Institute Faculty of Health Sciences University of Adelaide Australia

#### Margarete Sandelowski, PhD RN

Cary C. Boshamer Distinguished Professor University of North Carolina at Chapel Hill Chapel Hill, NC USA

#### James Thomas, PhD

Reader in Social Policy EPPI-Centre Social Science Research Unit Institute of Education University of London London, UK

#### Corrine I. Voils, PhD

Associate Professor of Medicine Durham Veterans Affairs Medical Center and Duke University Medical Center Durham, NC USA

#### Geoff Wong, MD(Res)

Senior Lecturer in Primary Health Care and GP Principal Healthcare Innovation and Policy Unit Centre for Health Sciences Blizard Institute Barts and The London School of Medicine and Dentistry London, UK

#### **Preface**

The growth in qualitative evidence synthesis methods, and the increasing number of reviews that are published using these methods, is a clear indicator that what was once a field for the "interested few" is becoming mainstream practice. There are now large numbers of published qualitative synthesis papers, as well as a growing body of academic and theoretical work to further inform the conduct of qualitative reviews, and to further stimulate methodological development. It is within the last few years that the majority of methodological development has occurred, and within this timeframe, good theorists have enhanced and refined their methods, as is evident in the quality of published qualitative synthesis reports seen in mainstream journals to date. The majority of methodological guidance though is buried in websites or published in specialized journals. The few books available tend to have a limited focus on a particular methodology, or are theoretical rather than practical. Methodology papers in journals serve to flag issues or ideas, but limitations prevent the level of depth and explanation possible in a book. The word limit of journal articles prevents many authors from comprehensively describing their full methods, and providing appropriate illustration or exemplars is also problematic in most journals.

Writing about synthesis methods included the process of choosing between different approaches, selecting what would be appropriate for this particular book and what would be put into the drawer until a new opportunity for writing arose. Although first intended as a compendium of all qualitative evidence synthesis methods, we decided to focus this book on six commonly used methodologies for qualitative evidence synthesis. We opted to portray those synthesis approaches that have particularly been developed by and for researchers involved in systematically reviewing literature. Our choice has been influenced by previously published overviews of approaches from colleague methodologists, personal knowledge, and connections and the conversations that occur in our respective fields internationally. We have focused on methods that have been developed with the aim of synthesizing primary studies, providing the reader with a detailed stepwise

description on how to move from original research texts to a review of qualitative literature. We believe that these approaches will generate interest from the international community of researchers, practitioners and policymakers currently involved in qualitative evidence synthesis.

The book is meant to be a guide to reviewers and users from any discipline, although most of the worked examples are situated in the field of healthcare. It is not a penultimate book of methods for qualitative synthesis, neither will everyone agree with our particular selection and how we have categorized them. Approaches that have been used in practice but are not covered in our book include narrative summary, thematic analysis, grounded theory, metastudy, cross-case techniques, content analysis, case survey, and qualitative comparative analysis methods. Some of these methods have drawn upon the principles of basic research designs. These adapted versions of basic research methods for the purpose of synthesis are promising, but currently lack the transparency important to a community of researchers involved in systematic reviewing. They offer little guidance on particular aspects such as search strategies, critical appraisal, and sampling of primary studies, neither do they discuss why these should or should not be done. Furthermore, they lack clarity of the particular features of the synthesis approach as compared to other synthesis methods and have not yet formally been subject to an evaluation of their appropriateness in the context of systematically reviewing literature.

The methods included here are some of the better developed and used approaches available at this point in time; yet no single text has brought them together before, nor provided the diverse and high quality example syntheses that the authors, and in some chapters, originators of the methodology have conducted. Some of the synthesis methods presented are meant to build theory and deepen understanding, while others have been created to develop lines of action for policy and practice or to provide the current state of the art on a particular topic. We feel it is most important that those engaging in a qualitative or mixed method evidence synthesis have a clear understanding of what particular approaches intend to do and which method best fits a researcher's goal and epistemological position.

Most researchers publishing qualitative or mixed-method syntheses do not successfully answer the question of why, among other approaches, they have opted for a particular method. Generally authors state that their choice was influenced by what fits their particular school of thought or by what others have successfully used in the past. The latter is particularly the case for metaethnography, currently a very commonly used approach and one of the few that has published methodological guidance. This is a substantive limitation though which offers future reviewers limited opportunities to critique or gain

insights from such decision-making processes. This book not only offers to guide readers and potential users in how to apply a particular approach, it also guides general readers through the considerations as to why they should opt to choose a certain approach for their research project. Through the presentation of worked examples of different approaches, it brings more balance and a more insightful perspective to the options available to researchers. The book does not simply resort to technical reporting of method, but rather focuses on illustrating the challenges users of an approach are likely to come across. These challenges are often hidden or only partly addressed in published articles, where the main interest is to present the content of the work rather than the methodology.

In summary, we believe this book provides a detailed and integrated resource for readers who would otherwise have to piece together methodology from a disparate range of journal articles and other resources. We do not see this book as an end point, since much remains to be learned and written within the field of qualitative and mixed-method synthesis. Instead, we hope to stimulate further pragmatic, intellectual, and methodological curiosity in the richly rewarding field of qualitative evidence synthesis.

> Karin Hannes Craig Lockwood

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