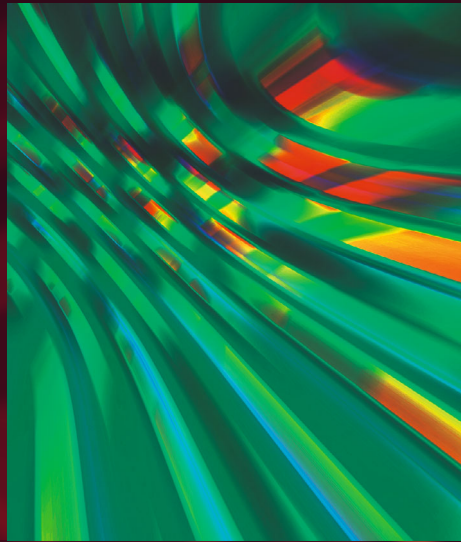


PHYSICS FIXES ALL THE FACTS PHYSICS FIXES ALL THE  
FACTS PHYSICS FIXES ALL THE FACTS PHYSICS FIXES  
ALL THE FACTS PHYSICS FIXES ALL THE FACTS PHYSICS  
FIXES ALL THE FACTS PHYSICS FIXES ALL THE FACTS  
PHYSICS FIXES ALL THE FACTS PHYSICS FIXES ALL THE  
FACTS PHYSICS FIXES ALL THE FACTS PHYSICS FIXES  
ALL THE FACTS PHYSICS FIXES ALL THE FACTS PHYSICS  
FIXES ALL THE FACTS PHYSICS FIXES ALL THE FACTS  
PHYSICS FIXES ALL THE FACTS PHYSICS FIXES ALL THE  
FACTS PHYSICS FIXES ALL THE FACTS PHYSICS FIXES  
ALL THE FACTS PHYSICS FIXES ALL THE FACTS PHYSICS  
FIXES ALL THE FACTS PHYSICS FIXES ALL THE FACTS  
PHYSICS FIXES ALL THE FACTS PHYSICS FIXES ALL THE  
FACTS PHYSICS FIXES ALL THE FACTS PHYSICS FIXES  
ALL THE FACTS PHYSICS FIXES ALL THE FACTS PHYSICS  
FIXES ALL THE FACTS PHYSICS FIXES ALL THE FACTS  
PHYSICS FIXES ALL THE FACTS PHYSICS FIXES ALL THE  
FACTS PHYSICS FIXES ALL THE FACTS PHYSICS FIXES



Liam Graham

# PHYSICS FIXES ALL THE FACTS

PHYSICS FIXES ALL THE FACTS PH  
YSICS FIXES ALL THE FACTS PH4SI  
SICS FIXES ALL THE FACTS PH4SI  
CS FIXES ALL THE FACTS PH4SIC  
S FIXES ALL THE FACTS PH4SI  
CS FIXES ALL THE FACTS PH4SIC  
S FIXES ALL THE FACTS PH4SICS F  
IXES ALL THE FACTS PH4SICS FI  
XES ALL THE FACTS PH4SICS FI  
S ALL THE FACTS PH4SICS FIXES  
ALL THE FACTS PH4SICS FI  
S ALL THE FACTS PH4SICS FI  
XES ALL THE FACTS PH4SICS  
FIXES ALL THE FACTS PH4SIC  
S FIXES ALL THE FACTS PH4S  
ICS FIXES ALL THE FACTS PH4  
SICS FIXES ALL THE FACTS PH4SI

# The Frontiers Collection

## **Series Editors**

Avshalom C. Elitzur, Iyar, Israel Institute of Advanced  
Research, Rehovot, Israel

Zeeya Merali, Foundational Questions Institute, Decatur, UK  
Thanu Padmanabhan, Inter-University Centre for Astronomy  
and Astrophysics (IUCAA), Pune, India

Maximilian Schlosshauer, Department of Physics, University  
of Portland, Portland, OR, USA

Mark P. Silverman, Department of Physics, Trinity College,  
Hartford, USA


Jack A. Tuszynski, Department of Physics, University of  
Alberta, Edmonton, Canada

Rüdiger Vaas, Redaktion Astronomie, Physik, bild der  
wissenschaft, Leinfelden-Echterdingen, Germany

The books in this collection are devoted to challenging and open problems at the forefront of modern science and scholarship, including related philosophical debates. In contrast to typical research monographs, however, they strive to present their topics in a manner accessible also to scientifically literate non-specialists wishing to gain insight into the deeper implications and fascinating questions involved. Taken as a whole, the series reflects the need for a fundamental and interdisciplinary approach to modern science and research. Furthermore, it is intended to encourage active academics in all fields to ponder over important and perhaps controversial issues beyond their own speciality. Extending from quantum physics and relativity to entropy, consciousness, language and complex systems—the Frontiers Collection will inspire readers to push back the frontiers of their own knowledge.

Liam Graham

# Physics Fixes All the Facts

Liam Graham   
London, UK

ISSN 1612-3018 ISSN 2197-6619 (electronic)  
The Frontiers Collection  
ISBN 978-3-031-69287-1 ISBN 978-3-031-69288-8 (eBook)  
<https://doi.org/10.1007/978-3-031-69288-8>

© The Editor(s) (if applicable) and The Author(s), under exclusive license to Springer Nature Switzerland AG 2025

This work is subject to copyright. All rights are solely and exclusively licensed by the Publisher, whether the whole or part of the material is concerned, specifically the rights of reprinting, reuse of illustrations, recitation, broadcasting, reproduction on microfilms or in any other physical way, and transmission or information storage and retrieval, electronic adaptation, computer software, or by similar or dissimilar methodology now known or hereafter developed.

The use of general descriptive names, registered names, trademarks, service marks, etc. in this publication does not imply, even in the absence of a specific statement, that such names are exempt from the relevant protective laws and regulations and therefore free for general use.

The publisher, the authors and the editors are safe to assume that the advice and information in this book are believed to be true and accurate at the date of publication. Neither the publisher nor the authors or the editors give a warranty, expressed or implied, with respect to the material contained herein or for any errors or omissions that may have been made. The publisher remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

This Springer imprint is published by the registered company Springer Nature Switzerland AG  
The registered company address is: Gewerbestrasse 11, 6330 Cham, Switzerland

If disposing of this product, please recycle the paper.

## Advance Praise for This Book

“I wish I knew as much as Liam Graham. It would have enabled me to write a much more convincing and well informed book than *The Atheist’s Guide to Reality*. Fortunately Graham has done it. My envy of Graham’s erudition is only surpassed by my admiration of his achievement. This is the definitive guide to why the physical facts fix all the facts! It’s also the definitive diagnosis of all the specious arguments against this simple truth.”

—**Alex Rosenberg**, R. Taylor Cole Professor of Philosophy, Duke University, author of *The Atheist’s Guide to Reality*

“Graham does an impressive job of advancing his vision of ‘austere physicalism’ as against non-reductionist views on which there are higher-level or ‘emergent’ phenomena. His lively, wide-ranging, detailed treatment of the relevant scientific case studies and philosophical positions is a tour-de-force, and his critical salvos and defensive strategies deserve further attention by scientists and philosophers alike. Anyone curious about the structure of natural reality will find this book to be a great read and a valuable resource.”

—**Jessica Wilson**, Professor of Philosophy, University of Toronto, author of *Metaphysical Emergence*

“This well written book offers a balanced approach for those with interests in physics and/or metaphysics. It dismisses various forms of emergentism, arguing that these views wrongly project human cognitive limitations onto the world’s ontology. It defends an austere monistic version of physicalism

according to which the world is a single entity—the ‘blobject’—with richly complex dynamic structure but without any constituent entities as proper parts. Diverse metaphysical topics are addressed, including free will and consciousness. Highly recommended.”

—**Matjaž Potrč**, Professor of Philosophy, Ljubljana University, author of  
*Austere Realism*

“Whatever you think about the nature of reality, there’s value in grappling with the idea that it may fundamentally be ‘all physics’! Liam Graham presents an engaging and well-researched argument, with some excellent examples drawn from across the sciences.”

—**Louis Barson**, Director of Science, Innovation and Skills, Institute of  
Physics

“This book is a thorough and critical examination of the idea of emergence arguing that the concept is so generic that it is useless. It provides a very good overview of emergent phenomena, particularly those from condensed matter physics, and is written in an entertaining, thought-provoking style.”

—**Ilias Amanatidis**, Ben-Gurion University of the Negev, Israel and  
**Ioannis Kleftogiannis**, National Center for Theoretical Sciences, Taiwan

“I have often puzzled over claims that emergent properties are ‘something else, something that cannot be explained by the elements of the system’. This splendid book shows why such claims are nonsense. And it helps us understand why, in a few years, that thesis will not be in the least controversial.”

—**Antonio Cabrales**, Professor of Economics, Universidad Carlos III,  
Madrid

*For Axelle*



## Preface

Books in the humanities often begin with a statement of the author's position. Science books rarely do. Since this book involves as much philosophy as science, let me start by describing where I am coming from.

I have a long-standing dislike of mystical or magical thinking in all its forms. A dislike of thinking that avoids rigorously seeking a good explanation and opts instead for an attractive one. Of thinking that settles for a baroque explanation rather than accepting that some things are as yet unexplained. The usual suspects of free will and consciousness are fertile ground for such thinking, as is emergence, a term widely used to describe complex systems and a central topic of this book. This means I am an opinionated narrator. But I strive to be a reliable one and include extensive references and suggestions for further reading to help you make up your own mind.

Let me give an example of what motivates me. Later in the book I will cite a philosopher of science who argues that the placebo effect is evidence against physical causal closure. I find this deeply suspicious. Causal closure is right down at the fundamental level of quantum physics. The placebo effect, while well documented, is a property of the human brain, the most complex and poorly understood system we've come across. No evidence is given which links the two. Perhaps the philosopher will turn out to be right. But for now there is no reason to think that our lack of understanding of the brain should have any implications for physics.

Descriptions of emergent phenomena often convey little more than "Wow, that's so mind-blowingly complex it can't be just physics". For those who want

to see more clearly, this book shows how emergence can be eliminated and presents an unflinching worldview in which everything, without exception, is physics.

London, UK

Liam Graham

# Acknowledgements

Many thanks to my editor Angela Lahee and the series editor Rudy Vaas for their enthusiasm, feedback and support. A big thank you to Divya Sureshkumar and Sangeetha G Ganesan for guiding the book through production.

My thinking has been shaped over the years in discussions with friends and colleagues too numerous to mention. Let me thank those who shared their thoughts on this text: Ilias Amanatidis, Sue Arthur, Louis Barson, Alex Buell, Antonio Cabrales, Nigel Goldenfeld, Ioannis Kleftogiannis, Honor Klein, Paul Mans, Kanesh Rajani, Jessica Wilson and Stephen Wright. Special thanks to Nick Rimmer for his intuition, energy and remarkable attention to detail.

# Contents

<b>1</b>	<b>Introduction</b>	<b>1</b>
	References	5
<b>2</b>	<b>More Seems Different</b>	<b>7</b>
2.1	Protons and Neutrons	8
2.2	The Classical World	10
2.3	Atoms and Molecules	12
2.4	Chemical Oscillators	13
2.5	Symmetry Breaking	15
2.6	Quasiparticles	16
2.7	The Quantum Hall Effect	19
2.8	Bénard Convection	21
2.9	Self-organisation	22
2.10	Ordinary Objects	23
2.11	Game of Life	24
2.12	Evolution	25
2.13	Living Cells	26
2.14	Turning the Page	27
2.15	Churchill's Nose	28
2.16	Common Themes	28
2.17	Further Reading	29
	References	29

## Part I Frameworks

<b>3</b>	<b>Dualism, Physicalism and Emergence</b>	<b>35</b>
3.1	A Layered World	36
3.2	Down at the Bottom	38
3.3	Causation	40
3.4	Emergence or Physics?	40
3.5	Six Premises	42
3.6	It's Magic: Dualism	44
3.7	It's an Illusion: Eliminativism	45
3.8	It's Almost an Illusion: Epiphenomenalism	46
3.9	It's All Physics: Reductionism	47
3.10	Strong Emergence	47
3.11	Weak Emergence	48
3.12	Epistemic Emergence	49
3.13	Physicalism	50
3.14	The Limits of Physics 1	53
3.15	Definitions	54
3.16	Discussion	55
3.17	Further Reading	55
	References	56
<b>4</b>	<b>The View from the Cave</b>	<b>59</b>
4.1	Constraints	61
4.2	Fast and Frugal	62
4.3	How is Science Possible?	66
4.4	The Limits of Physics 2	69
4.5	The Mind Projection Fallacy	71
4.6	Further Reading	73
	References	74
<b>5</b>	<b>Computation and Simulation</b>	<b>77</b>
5.1	Wrestling with Models	78
5.2	Computability	82
5.3	Universal Turing Machines	84
5.4	Non-computability	86
5.5	Quantum Computation	90
5.6	Quantum Simulation	91
5.7	The Church-Turing-Deutsch Principle	92
5.8	The Limits of Physics 3	93

5.9	Ultimate Limits	94
5.10	The Great Programmer	95
5.11	How Does the Universe Do It?	97
5.12	Further Reading	98
	References	98

## Part II The Illusion of Emergence

<b>6</b>	<b>Weak Emergence: More is Different</b>	<b>103</b>
6.1	The Reemergence of Emergence	104
6.2	Emergence in Condensed Matter Physics	104
6.3	More is Always Different	106
6.4	Physicist vs Physicist	106
6.5	A Straw Man	108
6.6	Discussion	109
6.7	Further Reading	110
	References	110
<b>7</b>	<b>Weak Emergence: When You Can't Do the Maths</b>	<b>113</b>
7.1	Simulation Emergence	114
7.2	Which Systems Have Closed-Form Solutions?	117
7.3	Borderline Cases	117
7.4	The History of Closed-Form Solutions	120
7.5	The Language of Nature?	121
7.6	Example: The Game of Life	124
7.7	Related Definitions	126
7.8	Discussion	127
7.9	Further Reading	127
	References	128
<b>8</b>	<b>Weak Emergence: One from Many</b>	<b>131</b>
8.1	Multiple Realization	132
8.2	Example: Statistical Mechanics	134
8.3	Degrees of Freedom	135
8.4	Universality	136
8.5	The Examples	138
8.6	Concepts	139
8.7	Approximations	141

8.8	The Role of Physics	145
8.9	Discussion	147
8.10	Further Reading	147
	References	148
<b>9</b>	<b>Weak Emergence: It's the Context</b>	<b>151</b>
9.1	Contextual Emergence	152
9.2	Context is Everywhere	156
9.3	The Context is Physics	157
9.4	Example: Context in the Early Universe	161
9.5	Example: Feedback and Selection	162
9.6	Example: Chemical Computation	165
9.7	Discussion	167
9.8	Further Reading	168
	References	168
<b>10</b>	<b>Weak Emergence: The Map and the Territory</b>	<b>171</b>
10.1	More Is the Same; Infinitely More Is Different	172
10.2	Effective Theories	175
10.3	The Renormalization Group Transformation	178
10.4	Example: The Ising Model	183
10.5	Models and Emergence	188
10.6	Minimal Models, Sloppy Models and Multiphysics	190
10.7	Discussion	191
10.8	Further Reading	192
	References	193
<b>11</b>	<b>Strong Emergence</b>	<b>197</b>
11.1	New Physics	198
11.2	Entanglement	200
11.3	Room at the Bottom	202
11.4	Strong Computational Emergence	204
11.5	Non-computability	205
11.6	Emergent Dualism	207
11.7	Discussion	207
11.8	Further Reading	208
	References	208

<b>12</b>	<b>Emergence: An Assessment</b>	211
12.1	More is Different	211
12.2	Simulation Emergence	212
12.3	Multiple Realization Emergence	212
12.4	Contextual Emergence	212
12.5	Strong Emergence	213
12.6	And so?	213
 <b>Part III The Demon's Perspective</b>		
<b>13</b>	<b>Austere Physicalism</b>	217
13.1	Everything is Physics	218
13.2	Slicing the Blobject	219
13.3	The Philosophical Background	221
13.4	Objection: It's Blatant Nonsense	223
13.5	Objection: It's not How We Think	224
13.6	Objection: Illusions Are All We Have	227
13.7	Objection: It's not How Scientists Think	227
13.8	Objection: It's not How We Experience Ourselves or Others	229
13.9	Objection: I'd Rather be a Reductionist	230
13.10	Objection: Stop Telling Scientists What to Do	231
13.11	Objection: Austere Explanations Are not Explanations	231
13.12	Objection: Reductionists Are Nasty People. Austere Physicalists Must Be Worse	232
13.13	Objection: Horrendous Consequences	233
13.14	Evidence	234
13.15	Demons Just Want to Have Fun	235
13.16	The Limits of Physics 4	236
13.17	Further Reading	238
	References	238
<b>14</b>	<b>Eliminating Emergence</b>	241
14.1	Interesting Physics at All Scales	242
14.2	Bafflement	242
14.3	Imaginative Closure	243
14.4	Unsolved Problems	245
14.5	Explaining and Predicting	247
14.6	Models and Approximations	249



14.7	The Special Science Stance	249
14.8	Discussion	250
14.9	Further Reading	250
	References	250
<b>15</b>	<b>More is Fascinating</b>	253
15.1	Protons and Neutrons	254
15.2	The Classical World	254
15.3	Atoms and Molecules	255
15.4	Chemical Oscillators	256
15.5	Symmetry Breaking	257
15.6	Quasiparticles	257
15.7	The Quantum Hall Effect	260
15.8	Bénard Convection	261
15.9	Self-organisation	263
15.10	Ordinary Objects	264
15.11	Game of Life	265
15.12	Evolution	266
15.13	Living Cells	267
15.14	Turning the Page	269
15.15	Churchill's Nose	270
15.16	A Theory of Everything	271
15.17	The Many-Body Challenge	273
15.18	Further Reading	273
	References	274
<b>16</b>	<b>Epilogue</b>	277
16.1	Free Will	278
16.2	The "Hard" Problem of Consciousness	282
16.3	The Meaning of Life	285
16.4	Further Reading	286
	References	286
	<b>Appendix: Supporting Material</b>	289
	<b>References</b>	319
	<b>Index</b>	323

## About the Author

**Liam Graham** “Do we need more than physics to understand the world?” Liam first asked himself this question as a teenager and it has been the driving force behind his career ever since. After a degree in Theoretical Physics at Cambridge and a master’s in Philosophy at Warwick, he eventually found economics to be an appealing middle ground and completed a Ph.D. at Birkbeck College, London. To pay the rent, he taught English, developed and sold trading software and was the numbers’ guru for a boutique finance house.

Liam’s 15-year academic career was mostly spent as an Associate Professor at University College London, working in one of Europe’s top Economics departments. His research involved building mathematical models of an extremely complex system, the macroeconomy, and his work was published in all the top macroeconomics journals. Whether working on philosophy or economics, he never stopped reading science and exchanging with scientists. In 2018, he left UCL to concentrate on his original question and the wide-ranging, multidisciplinary and endlessly fascinating project it has become. His first book, *Molecular Storms: The Physics of Stars, Cells and the Origin of Life* was published by Springer Nature in 2023.



# 1

## Introduction

Hurricanes. Living cells. Flocks of birds. You yourself. Few would deny that these things are made of atoms. Yet they behave very differently from atoms. Fundamental physics might do a good job of explaining atoms, but such complex phenomena seem to lie outside its scope. This is the basic idea of emergence. Things emerge from physics but are beyond physics. The whole is greater than the sum of its parts. More is different.

Emergence is one way of understanding complexity. There are alternatives. You can be a dualist. Then some things are supernatural, in a different domain from physics. More is spooky. This might seem to apply only to the last item on my list, but it wasn't so long ago that hurricanes were seen as avenging ghosts and life as caused by a vital spirit.

Or you can be a physicalist. In this case, everything is physics. More may be different but more is always different. Physics explains the properties of the whole and the properties of the parts. The nature of quantum physics means the whole can influence the parts as well as the parts influencing the whole. If we don't fully understand things, this is a result of lack of knowledge or computing power.

Many find neither alternative attractive. Emergence promises a middle way. You can have your cake of not believing in the supernatural. And eat it with the pleasure of knowing that, while it is made of atoms, it is somehow more than those atoms. Stephen Hawking said in an interview:

The human race is just a chemical scum on a moderate-sized planet, orbiting around a very average star in the outer suburb of one among a hundred billion galaxies.<sup>1</sup>

Emergence allows us to accept we are a chemical scum while rejoicing in being more than just a chemical scum. This appeal is part of the reason for the remarkable spread of the term. It can be found everywhere, from fundamental physics to chemistry and biology, to sociology and economics.

However appealing, it is an illusion. Emergence is usually divided into two types according to its relation to physics. Weak emergence is consistent with current physics. Strong emergence is outside current physics. This book will argue that neither tells us anything useful about the world. Weak emergence turns out to be so weak that it can be applied to everything. And strong emergence is such a strong criterion that there is no evidence for it. The term emergence either refers to everything or to nothing. We think it tells us something about the nature of reality, but this is an illusion.

Fascinating phenomena exist at every scale but describing them as emergent adds nothing. Emergent behaviour. Emergent organisation. Emergent structure. Whenever you see the word you can simply discard it. You can discard its aura of mystery and its suggestion that some things will be forever beyond our understanding.

If you want to avoid the supernatural, you are left with physicalism. This book argues that the only possible physicalism is an austere physicalism that dissolves our commonsense understanding of the world. Physics fixes all the facts. Any description of the world that is not fundamental physics is at best an approximation. Such descriptions may be useful, they may be necessary but they are functions of our interests and our cognitive structure not properties of the world. This goes for everything that is not fundamental physics: the concepts which make thought possible, our intuitive notions and the rest of the sciences.

These things are illusions. Reality means having causal power. If everything is physics, only the entities of fundamental physics have causal power. Other things are therefore unreal, illusions. So there are no objects. No creatures, colours or concepts. Instead, there are arrangements of quantum fields.

Our sensory limitations mean we can't see quantum fields. Our cognitive limitations mean we can't intuitively understand them. Yet despite these limitations we perceive a world full of structure and meaning. From a physicalist perspective, this leads to fascinating questions. Why do we perceive creatures, colours and concepts? Why does a quantum field arranged in a particular

---

<sup>1</sup> Stephen Hawking, interviewed by Ken Campbell in Dugan (1995), 50'00''.

way interact with another arranged as a human brain so that it adopts a state which corresponds to creature, colour or concept?

More specifically, a physicalist approach allows us to unpack the term emergence and show how it lumps together disparate ideas about the limits of our thought. Emergence may be no more than an assertion that there are interesting questions at every scale. It may be a way of describing phenomena yet to be explained. Or it may be about the distinction between understanding and prediction. Sometimes its use is a result of projecting our cognitive limitations onto the world. Sometimes a result of a failure to distinguish between the nature of reality and the language, models and approximations that scientists use.

Let me now turn to the structure of the book. To start, Chap. 2 gives a broad overview of the sort of phenomena that can be described as emergent. The examples are chosen to cover a wide range of scales and sciences, starting inside the nucleus of an atom and working up through chemistry and biology to mental causation and its place in the universe. These will help illustrate the subsequent arguments and also give an excuse for a romp through some of the most fascinating parts of physics.

Part I presents three general frameworks which will be used throughout the book. Chapter 3 turns to philosophy and identifies six positions: dualism, weak emergence, strong emergence and three varieties of physicalism. Each of these can be understood in terms of where what matters happens. For physicalism, everything that matters happens at the level of fundamental physics. All causation is at the lowest level. For dualism and strong emergence, on the other hand, the system as a whole is what matters. There is downward causation from the whole to the parts and this must contradict physics. Weak emergence describes a precarious middle ground where downward causation is somehow consistent with physics.

One thread of my argument is that the concept of emergence is a consequence of our cognitive limitations, so Chap. 4 describes aspects of human cognitive evolution. Partly this is about understanding our commonsense models of the world, partly about understanding how we transcend them. How can brains that evolved to survive and thrive on the African savannah roam from quarks to quasars? How do they create and take part in the system of distributed cognition which is science? Chapter 5 turns to role of simulations in science and the theory of computation. There are many links to the discussion of emergence and physicalism. The most interesting is the way that quantum computers will radically transform how we simulate systems from the bottom up. Our ability to simulate and hence to understand physical

systems may only be limited by the size of the quantum computers we can build.

Part II contains the case against emergence. Chapters 6–9 discuss four forms of weak emergence. The central argument of each of these chapters is the same: weak emergence applies to every real system. If all physical systems can be called weakly emergent, the definitions are empty and the term redundant. Studying these forms of emergence tells us little about the world but much about our cognitive structure.

Underlying all four senses of weak emergence is a basic confusion between the nature of the models scientists use and the nature of reality. Chapter 10 addresses this in the context of three common modelling strategies: the thermodynamic limit, effective theories and the renormalization group. All of these have features which fit one or more of the definitions of emergence. But this tells us nothing about the world, only about the models we use to explain the world.

Next, strong emergence. Chapter 11 discusses possible mechanisms ranging from quantum physics to non-computability. All are logically possible. But there is not a shred of convincing evidence for any of them. Believing in strong emergence is equivalent to believing there are pixies in your garden. Impossible to disprove, but not worth spending your time on until there's some solid evidence. Even if there were such evidence, it would support either an extended physicalism or dualism. As a term, strong emergence is also redundant.

Chapter 12 is a brief summary of the previous chapters. For each type of emergence, it gives a one line answer to three questions: what it is; why it applies to everything and why it is not a challenge to physicalism.

So much for emergence. Part III turns to the alternative. Chapter 13 presents the argument for austere physicalism. It is an easy position to state, but one that some may find self-evidently absurd and most of the chapter is spent dealing with potential objections. Chapter 14 applies it to emergence. If you've discarded the word emergence, what can you replace it with? What becomes of our intuition that more is different?

To wrap up, Chap. 15 returns to the examples, describing them without using the concept of emergence and showing that none represent challenges to physicalism. The chapter ends by throwing down a gauntlet. If you think you have a system which is emergent in the sense that it cannot be explained by physics, there is a simple procedure you can follow to convince a hard-nosed physicalist of your case.

Throughout, I do my best to avoid discussing free will and consciousness. Partly this is because they merit a book of their own. Partly it is a rhetorical

choice. If you concede that they are the only place left for emergence, I will consider my job done. But in the Epilogue, I show that there is no reason to think that they cannot be given a physicalist explanation. The chapter ends by revealing the meaning of life.

This book is part of a larger project to investigate the limits of physics. My first book<sup>2</sup> explored thermodynamics and its application to questions ranging from the formation of stars to the inner workings of cells to the origin of life. It concluded that there is no reason why physics shouldn't one day explain all of this. My next book will take the same approach to cognition and consciousness, starting with the simplest systems and working up through cognitive evolution to human subjective experience.

Emergence claims to put some things beyond physics. Addressing this claim is central to the physicalist project. The past decade has seen a dozen or so monographs and collections about emergence. Apart from the odd article, they are all resolutely supportive. This book aims to redress the balance by showing that emergence is an empty concept and providing an alternative framework with which to understand the world.

Humanity starts in a world of incomprehension. Magic and deities are everywhere. The scientific project chips away at this. Replacing intuitions with scientific concepts. Gradually withdrawing magic from the world. Emergence is a last refuge from this process. It promises to rescue the world from the austerity of physicalism. It puts humans and the concepts we use right at the heart of everything. It allows mind, consciousness and humanity to retain something of their previous dignity. It's not so much that more is different, but that I'm different and I know I'm different.

All this is an artefact of our cognitive limitations, an arbitrary way of slicing up the complex physical reality in which we exist, physical systems among others. Emergence is pessimistic and projects our limitations onto the world. Austere physicalism is modest and profoundly optimistic. There are unanswered questions everywhere. But the system of distributed cognition that is science transcends individual cognitive limits. There is no reason to think that we, and the machines we build, shouldn't continue to give us answers.

## References

- Dugan D (1995) Reality on the Rocks, Part 3—Beyond Our Ken, UK Channel 4.  
 Graham L (2023) Molecular storms: the physics of stars, cells and the origin of life.  
 Springer, Cham, Switzerland. <https://doi.org/10.1007/978-3-031-38681-7>

---

<sup>2</sup> Graham (2023).



# 2

## More Seems Different

**Summary** This chapter introduces the concept of emergence using a broad range of examples. These start from inside the atomic nucleus and work up through chemistry and biology to evolution and mind. While exploring these examples, many concepts that will play an important role in the remainder of the book make their first appearance.

What is emergence? One way of answering this question is by giving examples of physical systems which can be described as emergent. This chapter presents fifteen such examples, chosen to give a broad sweep from the smallest to the largest and across different sciences. There is no shortage of candidates, I could easily have included ten times as many. This means that it is likely your favourite example will not be here.

As a working definition of emergence, let's use the one we've already seen in the introduction: more is different. It comes from a 1972 paper<sup>1</sup> by Philip Anderson (Nobel Prize for Physics, 1977) which is often credited with reintroducing the term emergence into the mainstream. The definition is about composition. Emergence is when the properties of the whole are different from the properties of the parts. It also implies that you cannot understand the behaviour of the parts without understanding the behaviour of the whole.

---

<sup>1</sup> Anderson (1972).



A toy example illustrates this. Take some Lego pieces and build a car. This car is emergent. It has properties that the parts don't have: looking like a car, capable of rolling in straight lines or turning corners. More is different. By itself, a single piece of Lego cannot move in a straight line, suspended a few centimetres above the ground. But that's exactly what it does when it's part of the car. To understand the motion of one of the parts, you need to understand the car as a whole.

For the moment, more is different will do as a rough and ready definition of emergence. While working through the examples, I will bring out other senses of the term. These are summarised in the final section and will be discussed in subsequent chapters.

My descriptions of the examples are brief, no more than a handful of paragraphs for each one. For some, there won't be enough physics. If this describes you, the material I present is standard and you can find more in-depth treatments in textbooks or in the suggestions for further reading at the end of the chapter. For others, there will be too much physics. In this case, I suggest you start this chapter in the middle, with the section "Ordinary objects".

One of the aims of this book is to show that the concept of emergence is redundant. So in Chap. 15, I return to these examples and show how they can be understood in a physicalist framework without a mention of emergence.

## 2.1 Protons and Neutrons

Let's start right down at the bottom, inside the atomic nucleus. While this is a natural place to begin, it involves some of the most complex physics discussed in the whole book. I invite readers unfamiliar with these ideas to skip this and the next couple of examples.

Atomic nuclei are composed of protons and neutrons, called collectively *nucleons*. These are not fundamental particles but are made of quarks. A proton is made of two up quarks and one down quark. A neutron is made of one up quark and two down quarks. An up quark has a positive charge equal to two thirds the charge of an electron. A down quark has a negative charge of one-third the charge of an electron. Combined, these give the charge of a proton equal and opposite to that of an electron and the zero charge of the neutron.

Forces are mediated by particles. The electromagnetic force between charged particles is carried by photons. When two electrons approach each other, the electronic repulsion between their negative charges occurs via the

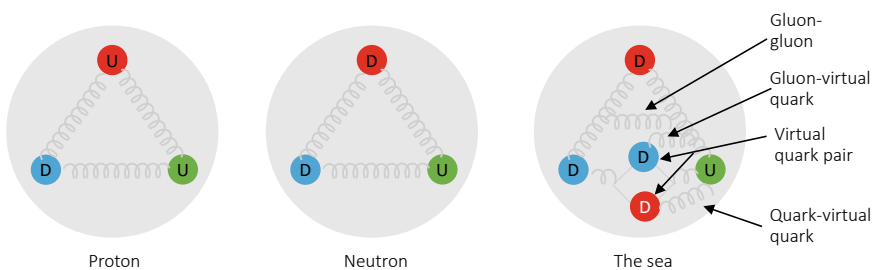
exchange of a photon. The theory describing this is Quantum Electrodynamics (QED).

A further fundamental force is the strong interaction, described by Quantum Chromodynamics (QCD). Quarks experience both electromagnetism and the strong interaction. The equivalent of electronic charge for the strong interaction is known as color. The force is carried by gluons which are electrically neutral but have color so are themselves subject to the strong interaction. This is an important difference from electromagnetism. Photons, the carriers of the electromagnetic force, have no charge so are not affected by the force. When two charged particles interact, they exchange a photon and that is the end of the story.

Things are more complicated for the strong interaction. Quarks can emit or absorb gluons. Gluons can emit or absorb gluons. Gluons can split into virtual quark-antiquark pairs. These virtual particles can undergo further interactions. This leads to wild tangle of gluons, quarks and their antiparticles flickering in and out of existence as they are emitted and reabsorbed.

The left panel of Fig. 2.1 shows a proton and the middle panel a neutron. The coloured circles represent the quarks (the colours are arbitrary, all that matters is all three are present so overall nucleons are color neutral) and the curly lines represent gluons carrying the strong interaction. For clarity, these two diagrams only show direct interactions between the quarks. The right panel includes some of the other possible types of interactions. Now imagine an endless avalanche of these interactions and you can see the challenge of solving QCD problems.<sup>2</sup>

What does all this have to do with emergence? Quarks have fractional charge. Protons have integer charge. Quarks have color and experience the strong interaction directly. Nucleons are color neutral. In these senses, more is different. But that's not all. Unless you are a high energy physicist, none of



**Fig. 2.1** Three quarks for Muster Mark!

<sup>2</sup> For a beautiful visual representation, see <https://arts.mit.edu/projects/visualizing-the-proton/>.

this matters. You can do everything you need to do, including nuclear fission and fusion, while treating protons and neutrons as fundamental particles, as the featureless grey circles in the figure. The approximation involved only breaks down at high energy levels. This is why nucleons were thought to be fundamental right up to the 1960s. Nucleons are nothing more than their components, yet for all practical purposes they are independent of them.

There are two further senses in which the interactions of quarks lead to emergence. Atomic nuclei are bound together by the nuclear force which overcomes the electromagnetic repulsion between positive protons. Yet this force is just a residual of the strong interaction between quarks, orders of magnitude weaker than the strong interaction itself. The nuclear force is emergent.

Then there's the question of mass. If you're up to speed on physics and are asked where mass comes from, you would probably answer that it's to do with the Higgs field. But you'd be mostly wrong. The mass of a proton is around 140 times the mass that the Higgs field produces for its three quarks. The rest of the mass comes from the energy of the cloud of virtual particles shown in the right panel of Fig. 2.1. This is known as emergent hadron mass. Pause for a minute to think about this. Around 98% of the mass of the visible universe is emergent in this sense.<sup>3</sup>

Right down at the heart of matter, we've already got three emergent phenomena. Nucleons emerge from their component quarks. Their masses emerge from the interaction between these quarks. And the nuclear force which holds nuclei together emerges from the strong interaction.<sup>4</sup>

## 2.2 The Classical World

Quantum physics describes systems by a wave function. One implication of this is that quantum systems are simultaneously in all their possible states. This is known as a superposition of states, or simply a superposition. The wave function can be interpreted as the probability of each state.

Imagine a quantum coin. It can be placed in a superposition where it is simultaneously heads and tails, with a probability of one half attached to each.

---

<sup>3</sup> Binosi (2022).

<sup>4</sup> In fact, all the properties of nucleons are emergent. The figure shows them as shaded grey circles, but their measurable radius is a consequence of the nature of the strong interaction. Their spin also emerges in some complex way from the spin of their component quarks and gluons.

The better-known example is Schrödinger's cat which is in a superposed state consisting of awake and asleep.<sup>5</sup>

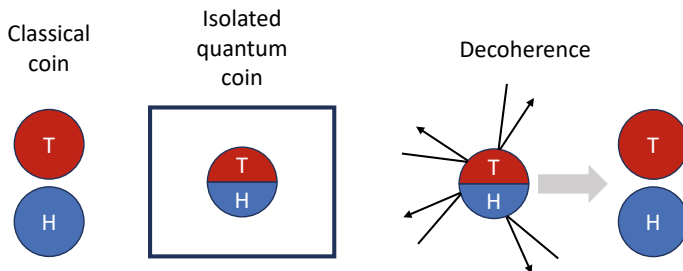
We never observe such superpositions. Instead, we experience a world where objects are in one state at a time. When we toss a coin, we see heads or tails. Cats are either awake or asleep. How can we reconcile this classical world with the quantum world that underlies it?

One answer is quantum decoherence. Let me illustrate it by continuing with the example of a coin. The left panel of Fig. 2.2 shows a classical coin, either heads or tails. In the middle is a quantum coin, prepared in a superposition between heads and tails. The quantum coin is shown inside a perfectly empty box. To preserve the superposition, or more precisely to preserve its coherence, the coin must be kept isolated from its environment. Coherent superpositions are extremely fragile.

In the world, quantum systems are not isolated but in environments full of particles and radiation. These scatter off the quantum coin, become entangled with it and the coherence of the superposition leaks away into the environment. This is shown in the right panel of the figure.

For macroscopic objects, decoherence happens extremely quickly.<sup>6</sup> Due to the effects of sunlight alone, a speck of dust would decohere in  $10^{-12}$ s and a bowling ball in  $10^{-20}$ s. Even in the ultra-pure vacuum of deep space, the photons of the cosmic microwave background would cause decoherence of dust in  $10^{-4}$ s and the ball in  $10^{-15}$ s. This is why we never observe superpositions. It is also one of the reasons why quantum computing, which depends on such superpositions being maintained, is a challenge.

A quantum system open to its environment behaves dramatically differently from an isolated quantum system. More is different. The classical world



**Fig. 2.2** Decoherence

<sup>5</sup> I borrow this gentle formulation from Rovelli (2021).

<sup>6</sup> See Appendix A.2 for details of the calculation.

we experience is emergent and decoherence explains how it dynamically emerges from the quantum world.

## 2.3 Atoms and Molecules

The properties of nucleons depend on their environment. Isolated neutrons are unstable. Due to the weak interaction, they decay with a half-life of around 15 min into a proton, an electron and an antineutrino. Isolated protons, on the other hand, are either stable or have extremely long half lives. Inside light nuclei, protons and neutrons are both stable. Inside heavier nuclei, protons can decay by positron emission, again due to the weak interaction. This is emergence. You cannot understand the properties of a nucleon without understanding its environment.

Now let's turn to atoms. The simplest atom is hydrogen, consisting of a proton and an electron. By themselves, these particles just get on and do their own thing. Combined, they give the atom a whole range of interesting new properties. Most notably, the electron becomes confined in what are known as orbitals. Some of these are illustrated in Fig. 2.3.

When photons scatter off the atom, transitions between these orbitals give characteristic spectral lines. All these properties are dramatically different from those of an isolated proton or electron. Understanding the behaviour of the particles without taking into account the atomic environment is impossible.

Atoms combine to form molecules and the molecules have properties different from their components. Let's take water as an example. The water molecule is composed of two hydrogen atoms bound to one oxygen atom. This is shown in the inset of Fig. 2.4. The nucleus of an oxygen atom contains eight protons compared to the single proton of hydrogen. This means that the molecule's eight electrons, six from oxygen and one from each of the hydrogens, shown as black dots on the figure, tend to be closer to the oxygen nucleus. This, when combined with the bond angle of around  $105^\circ$ , means charge is distributed asymmetrically across the molecule. There is a net positive charge on the side of the hydrogen atoms, a net negative charge on the side of the oxygen atom.

This allows water molecules to form bonds with each other, the negative charge on the oxygen atom in one molecule being attracted to the positive charge on the hydrogen atom in another molecule. This is shown in the main part of the figure. The oxygen atoms are in red, the hydrogen atoms are in grey. The dotted lines representing the electronic attraction between them.

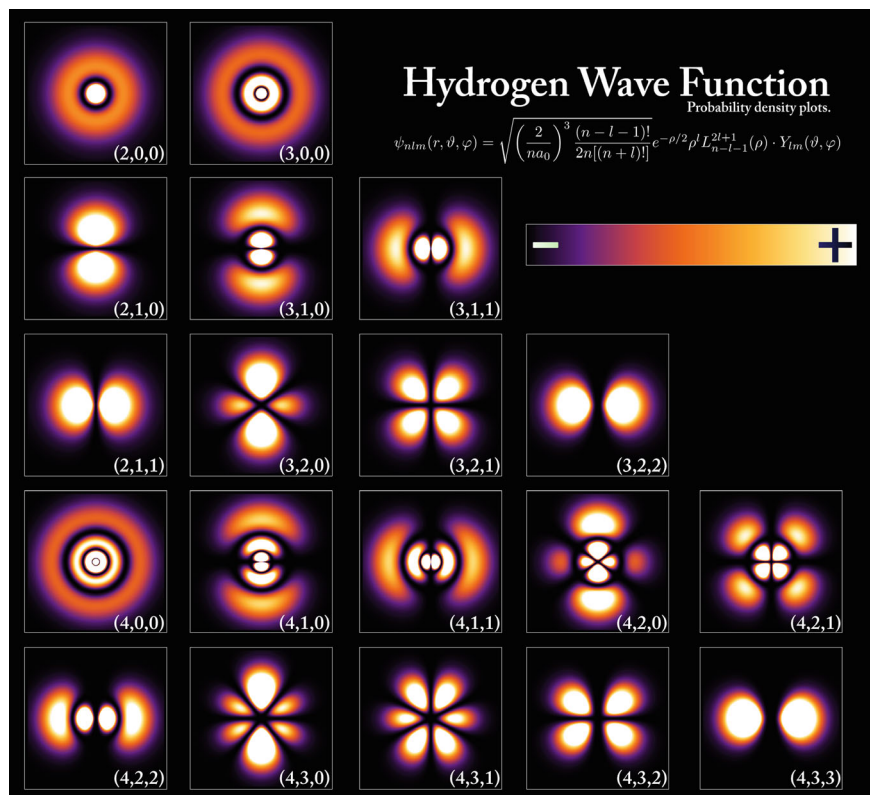


Fig. 2.3 Hydrogen orbitals<sup>7</sup>

Such bonds are known as hydrogen bonds and are responsible for many of the unique properties of water. Hydrogen bonds and the properties of water are emergent.

And so on to the rest of chemistry. Here we've seen three levels of emergence, three levels at which more is different: in the nucleus, in the atom and in molecules.

## 2.4 Chemical Oscillators

Mix most chemicals and, if they react at all, they will rapidly reach equilibrium. In 1951, Russian chemist Boris Belousov showed that if a particular set of chemicals are mixed in a beaker, the liquid starts off colourless, changes

<sup>7</sup> Source: [https://commons.wikimedia.org/wiki/File:Hydrogen\\_Density\\_Plots.png](https://commons.wikimedia.org/wiki/File:Hydrogen_Density_Plots.png). License: Public domain.